Attitude/Motivation Test Battery:

International AMTB Research Project

(English version)

**Note: This is the English-language version of the Attitude/Motivation Test Battery (AMTB) for use with secondary school students studying English as a foreign language. The items comprising each scale are presented in the ‘AMTB item-key’ document. The AMTB has been translated and used in our research in Brazil, Croatia, Japan, Poland, Romania, and Spain (Catalonia). Some findings from this research are presented in the document ‘Integrative Motivation and Second Language Acquisition’ (CAAL Talk, 2005). All of the documents mentioned above are available on this website. Copies of the AMTB in the other languages can be obtained from R. C. Gardner.

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Following are a number of statements with which some people agree and others disagree. Please circle one alternative below each statement according to the amount of your agreement or disagreement with that item. The following sample item will serve to illustrate the basic procedure.

a. Spanish football players are much better than Brazilian football players.
   | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
   | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

   In answering this question, you should have circled one alternative. Some people would have circled “Strongly Disagree”, others would have circled “Strongly Agree”, while others would have circled any of the alternatives in between. Which one you choose would indicate your own feeling based on everything you know and have heard. Note: there is no right or wrong answer.

1. I wish I could speak many foreign languages perfectly.
   | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
   | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

2. My parents try to help me to learn English.
   | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
   | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

3. I don’t pay much attention to the feedback I receive in my English class.
   | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
   | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

4. I don’t get anxious when I have to answer a question in my English class.
   | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
   | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

5. I look forward to going to class because my English teacher is so good.
   | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
   | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

6. Learning English is really great.
   | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
   | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

7. If Japan had no contact with English-speaking countries, it would be a great loss.
   | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
   | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |
8. Studying English is important because it will allow me to be more at ease with people who speak English.
   
   | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
   | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

9. I have a strong desire to know all aspects of English.
   
   | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
   | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

10. My English class is really a waste of time.
    
    | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
    | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

11. I would get nervous if I had to speak English to a tourist.
    
    | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
    | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

12. Studying foreign languages is not enjoyable.
    
    | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
    | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

13. I make a point of trying to understand all the English I see and hear.
    
    | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
    | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

14. I don’t think my English teacher is very good.
    
    | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
    | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

15. Studying English is important because I will need it for my career.
    
    | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
    | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

16. I never feel quite sure of myself when I am speaking in our English class.
    
    | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
    | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |

17. Knowing English isn’t really an important goal in my life.
    
    | Strongly | Moderately | Slightly | Slightly | Moderately | Strongly |
    | Disagree | Disagree   | Disagree | Agree    | Agree      | Agree    |
18. I hate English.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

19. I feel very much at ease when I have to speak English.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

20. I would rather spend more time in my English class and less in other classes.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

21. I wish I could read newspapers and magazines in many foreign languages.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

22. My parents feel that it is very important for me to learn English.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

23. I don’t bother checking my assignments when I get them back from my English teacher.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

24. I feel confident when asked to speak in my English class.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

25. My English teacher is better than any of my other teachers.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

26. I really enjoy learning English.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

27. Most native English speakers are so friendly and easy to get along with, we are fortunate
to have them as friends.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

28. Studying English is important because it will allow me to meet and converse with more
and varied people.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree
29. If it were up to me, I would spend all of my time learning English.

<table>
<thead>
<tr>
<th>Strongly Disagree</th>
<th>Moderately Disagree</th>
<th>Slightly Disagree</th>
<th>Slightly Agree</th>
<th>Moderately Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
</table>
29. I think my English class is boring.

<table>
<thead>
<tr>
<th>Strongly Disagree</th>
<th>Moderately Disagree</th>
<th>Slightly Disagree</th>
<th>Slightly Agree</th>
<th>Moderately Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
</table>
31. Speaking English anywhere makes me feel worried.

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<thead>
<tr>
<th>Strongly Disagree</th>
<th>Moderately Disagree</th>
<th>Slightly Disagree</th>
<th>Slightly Agree</th>
<th>Moderately Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
</table>
32. I really have no interest in foreign languages.

<table>
<thead>
<tr>
<th>Strongly Disagree</th>
<th>Moderately Disagree</th>
<th>Slightly Disagree</th>
<th>Slightly Agree</th>
<th>Moderately Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
</table>
33. I keep up to date with English by working on it almost every day.

<table>
<thead>
<tr>
<th>Strongly Disagree</th>
<th>Moderately Disagree</th>
<th>Slightly Disagree</th>
<th>Slightly Agree</th>
<th>Moderately Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
</table>
34. The less I see of my English teacher, the better.

<table>
<thead>
<tr>
<th>Strongly Disagree</th>
<th>Moderately Disagree</th>
<th>Slightly Disagree</th>
<th>Slightly Agree</th>
<th>Moderately Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
</table>
35. Studying English is important because it will make me more educated.

<table>
<thead>
<tr>
<th>Strongly Disagree</th>
<th>Moderately Disagree</th>
<th>Slightly Disagree</th>
<th>Slightly Agree</th>
<th>Moderately Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
</table>
36. It embarasses me to volunteer answers in our English class.

<table>
<thead>
<tr>
<th>Strongly Disagree</th>
<th>Moderately Disagree</th>
<th>Slightly Disagree</th>
<th>Slightly Agree</th>
<th>Moderately Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
</table>
37. I sometimes daydream about dropping English.

<table>
<thead>
<tr>
<th>Strongly Disagree</th>
<th>Moderately Disagree</th>
<th>Slightly Disagree</th>
<th>Slightly Agree</th>
<th>Moderately Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
</table>
38. I would rather spend my time on subjects other than English.

<table>
<thead>
<tr>
<th>Strongly Disagree</th>
<th>Moderately Disagree</th>
<th>Slightly Disagree</th>
<th>Slightly Agree</th>
<th>Moderately Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
</table>
39. It doesn’t bother me at all to speak English.

<table>
<thead>
<tr>
<th>Strongly Disagree</th>
<th>Moderately Disagree</th>
<th>Slightly Disagree</th>
<th>Slightly Agree</th>
<th>Moderately Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
</table>
40. I wish I could have many native English speaking friends.
   Strongly        Moderately        Slightly        Slightly        Moderately        Strongly
   Disagree         Disagree         Disagree         Agree           Agree              Agree

41. I enjoy the activities of our English class much more than those of my other classes.
   Strongly        Moderately        Slightly        Slightly        Moderately        Strongly
   Disagree         Disagree         Disagree         Agree           Agree              Agree

42. I would really like to learn many foreign languages.
   Strongly        Moderately        Slightly        Slightly        Moderately        Strongly
   Disagree         Disagree         Disagree         Agree           Agree              Agree

43. My parents feel that I should continue studying English all through school.
   Strongly        Moderately        Slightly        Slightly        Moderately        Strongly
   Disagree         Disagree         Disagree         Agree           Agree              Agree

44. I put off my English homework as much as possible.
   Strongly        Moderately        Slightly        Slightly        Moderately        Strongly
   Disagree         Disagree         Disagree         Agree           Agree              Agree

45. I am calm whenever I have to speak in my English class.
   Strongly        Moderately        Slightly        Slightly        Moderately        Strongly
   Disagree         Disagree         Disagree         Agree           Agree              Agree

46. My English teacher has a dynamic and interesting teaching style.
   Strongly        Moderately        Slightly        Slightly        Moderately        Strongly
   Disagree         Disagree         Disagree         Agree           Agree              Agree

47. English is a very important part of the school programme.
   Strongly        Moderately        Slightly        Slightly        Moderately        Strongly
   Disagree         Disagree         Disagree         Agree           Agree              Agree

48. My parents have stressed the importance English will have for me when I leave school.
   Strongly        Moderately        Slightly        Slightly        Moderately        Strongly
   Disagree         Disagree         Disagree         Agree           Agree              Agree

49. Native English speakers are very sociable and kind.
   Strongly        Moderately        Slightly        Slightly        Moderately        Strongly
   Disagree         Disagree         Disagree         Agree           Agree              Agree

50. Studying English is important because it will enable me to better understand and appreciate the English way of life.
   Strongly        Moderately        Slightly        Slightly        Moderately        Strongly
   Disagree         Disagree         Disagree         Agree           Agree              Agree
51. I want to learn English so well that it will become natural to me.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

52. To be honest, I really have little interest in my English class.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

53. Native English speakers have much to be proud about because they have given the world much of value.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

54. It would bother me if I had to speak English on the telephone.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

55. It is not important for us to learn foreign languages.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

56. When I have a problem understanding something in my English class, I always my teacher for help.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

57. My parents urge me to seek help from my teacher if I am having problems with my English.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

58. My English teacher is one of the least pleasant people I know.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

59. Studying English is important because it will be useful in getting a good job.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree

60. It worries me that other students in my class seem to speak English better than I do.
   Strongly  Moderately  Slightly  Slightly  Moderately  Strongly
   Disagree  Disagree  Disagree  Agree  Agree  Agree
61. I’m losing any desire I ever had to know English.
   Strongly Disagree  Moderately Disagree  Slightly Agree  Slightly Agree  Moderately Agree  Strongly Agree

62. Learning English is a waste of time.
   Strongly Disagree  Moderately Disagree  Slightly Agree  Slightly Agree  Moderately Agree  Strongly Agree

63. I would feel quite relaxed if I had to give street directions in English.
   Strongly Disagree  Moderately Disagree  Slightly Agree  Slightly Agree  Moderately Agree  Strongly Agree

64. I like my English class so much, I look forward to studying more English in the future.
   Strongly Disagree  Moderately Disagree  Slightly Agree  Slightly Agree  Moderately Agree  Strongly Agree

65. If I planned to stay in another country, I would try to learn their language.
   Strongly Disagree  Moderately Disagree  Slightly Agree  Slightly Agree  Moderately Agree  Strongly Agree

66. My parents are very interested in everything I do in my English class.
   Strongly Disagree  Moderately Disagree  Slightly Agree  Slightly Agree  Moderately Agree  Strongly Agree

67. I tend to give up and not pay attention when I don’t understand my English teacher’s explanation of something.
   Strongly Disagree  Moderately Disagree  Slightly Agree  Slightly Agree  Moderately Agree  Strongly Agree

68. I don’t understand why other students feel nervous about speaking English in class.
   Strongly Disagree  Moderately Disagree  Slightly Agree  Slightly Agree  Moderately Agree  Strongly Agree

69. My English teacher is a great source of inspiration to me.
   Strongly Disagree  Moderately Disagree  Slightly Agree  Slightly Agree  Moderately Agree  Strongly Agree

70. I plan to learn as much English as possible.
   Strongly Disagree  Moderately Disagree  Slightly Agree  Slightly Agree  Moderately Agree  Strongly Agree

71. I would like to know more native English speakers.
   Strongly Disagree  Moderately Disagree  Slightly Agree  Slightly Agree  Moderately Agree  Strongly Agree
72. Studying English is important because I will be able to interact more easily with speakers of English.
   Strongly Disagree  Moderately Disagree  Slightly Disagree  Slightly Agree  Moderately Agree  Strongly Agree

73. I would like to learn as much English as possible.
   Strongly Disagree  Moderately Disagree  Slightly Disagree  Slightly Agree  Moderately Agree  Strongly Agree

74. To be honest, I don’t like my English class.
   Strongly Disagree  Moderately Disagree  Slightly Disagree  Slightly Agree  Moderately Agree  Strongly Agree

75. I would feel uncomfortable speaking English anywhere outside the classroom.
   Strongly Disagree  Moderately Disagree  Slightly Disagree  Slightly Agree  Moderately Agree  Strongly Agree

76. Most foreign languages sound crude and harsh.
   Strongly Disagree  Moderately Disagree  Slightly Disagree  Slightly Agree  Moderately Agree  Strongly Agree

77. I really work hard to learn English.
   Strongly Disagree  Moderately Disagree  Slightly Disagree  Slightly Agree  Moderately Agree  Strongly Agree

78. I would prefer to have a different English teacher.
   Strongly Disagree  Moderately Disagree  Slightly Disagree  Slightly Agree  Moderately Agree  Strongly Agree

79. Studying English is important because other people will respect me more if I know English.
   Strongly Disagree  Moderately Disagree  Slightly Disagree  Slightly Agree  Moderately Agree  Strongly Agree

80. I get nervous when I am speaking in my English class.
   Strongly Disagree  Moderately Disagree  Slightly Disagree  Slightly Agree  Moderately Agree  Strongly Agree

81. To be honest, I really have no desire to learn English.
   Strongly Disagree  Moderately Disagree  Slightly Disagree  Slightly Agree  Moderately Agree  Strongly Agree

82. I think that learning English is dull.
   Strongly Disagree  Moderately Disagree  Slightly Disagree  Slightly Agree  Moderately Agree  Strongly Agree
83. I would feel comfortable speaking English where both Japanese and English speakers were present.

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<td>Disagree</td>
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<td>Disagree</td>
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84. I look forward to the time I spend in English class.

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<th>Strongly</th>
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85. I enjoy meeting people who speak foreign languages.

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86. My parents encourage me to practise my English as much as possible.

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87. I can’t be bothered trying to understand the more complex aspects of English.

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<th>Slightly</th>
<th>Slightly</th>
<th>Moderately</th>
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<tr>
<td>Disagree</td>
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<td>Agree</td>
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88. Students who claim they get nervous in English classes are just making excuses.

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<th>Strongly</th>
<th>Moderately</th>
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<th>Slightly</th>
<th>Moderately</th>
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<tr>
<td>Disagree</td>
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<td>Disagree</td>
<td>Agree</td>
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89. I really like my English teacher.

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<th>Strongly</th>
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<th>Slightly</th>
<th>Moderately</th>
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<tr>
<td>Disagree</td>
<td>Disagree</td>
<td>Disagree</td>
<td>Agree</td>
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<td>Agree</td>
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</table>

90. I love learning English.

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<tr>
<th>Strongly</th>
<th>Moderately</th>
<th>Slightly</th>
<th>Slightly</th>
<th>Moderately</th>
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<td>Disagree</td>
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<td>Disagree</td>
<td>Agree</td>
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91. The more I get to know native English speakers, the more I like them.

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<th>Slightly</th>
<th>Moderately</th>
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<tr>
<td>Disagree</td>
<td>Disagree</td>
<td>Disagree</td>
<td>Agree</td>
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</table>

92. I wish I were fluent in English.

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<thead>
<tr>
<th>Strongly</th>
<th>Moderately</th>
<th>Slightly</th>
<th>Slightly</th>
<th>Moderately</th>
<th>Strongly</th>
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<tr>
<td>Disagree</td>
<td>Disagree</td>
<td>Disagree</td>
<td>Agree</td>
<td>Agree</td>
<td>Agree</td>
</tr>
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</table>

93. I have a hard time thinking of anything positive about my English class.

<table>
<thead>
<tr>
<th>Strongly</th>
<th>Moderately</th>
<th>Slightly</th>
<th>Slightly</th>
<th>Moderately</th>
<th>Strongly</th>
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<tbody>
<tr>
<td>Disagree</td>
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<td>Agree</td>
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<td>Agree</td>
</tr>
</tbody>
</table>
94. I feel anxious if someone asks me something in English.
   Strongly    Moderately    Slightly    Slightly    Moderately    Strongly
   Disagree    Disagree     Disagree    Agree      Agree       Agree

95. I would rather see a TV program dubbed into our language than in its own language with subtitles.
   Strongly    Moderately    Slightly    Slightly    Moderately    Strongly
   Disagree    Disagree     Disagree    Agree      Agree       Agree

96. When I am studying English, I ignore distractions and pay attention to my task.
   Strongly    Moderately    Slightly    Slightly    Moderately    Strongly
   Disagree    Disagree     Disagree    Agree      Agree       Agree

97. My English teacher doesn’t present materials in an interesting way.
   Strongly    Moderately    Slightly    Slightly    Moderately    Strongly
   Disagree    Disagree     Disagree    Agree      Agree       Agree

98. I am sometimes anxious that the other students in class will laugh at me when I speak English.
   Strongly    Moderately    Slightly    Slightly    Moderately    Strongly
   Disagree    Disagree     Disagree    Agree      Agree       Agree

99. I haven’t any great wish to learn more than the basics of English.
   Strongly    Moderately    Slightly    Slightly    Moderately    Strongly
   Disagree    Disagree     Disagree    Agree      Agree       Agree

100. When I leave school, I will give up the study of English because I am not interested in it.
    Strongly    Moderately    Slightly    Slightly    Moderately    Strongly
    Disagree    Disagree     Disagree    Agree      Agree       Agree

101. I would feel calm and sure of myself if I had to order a meal in English.
    Strongly    Moderately    Slightly    Slightly    Moderately    Strongly
    Disagree    Disagree     Disagree    Agree      Agree       Agree

102. English is one of my favourite courses.
    Strongly    Moderately    Slightly    Slightly    Moderately    Strongly
    Disagree    Disagree     Disagree    Agree      Agree       Agree

103. My parents think I should devote more time to studying English.
    Strongly    Moderately    Slightly    Slightly    Moderately    Strongly
    Disagree    Disagree     Disagree    Agree      Agree       Agree

104. You can always trust native English speakers.
    Strongly    Moderately    Slightly    Slightly    Moderately    Strongly
    Disagree    Disagree     Disagree    Agree      Agree       Agree
The purpose of this part of the questionnaire is to determine your feelings about a number of things. We want you to rate each of the following items in terms of how you feel about it. Each item is followed by a scale that has a label on the left and another on the right, and the numbers 1 to 7 between the two ends. For each item, please circle any one of the numbers from 1 to 7 that best describes you.

1. My motivation to learn English in order to communicate with English speaking people is:
   WEAK ___1:___2:___3:___4:___5:___6:___7 STRONG

2. My attitude toward English speaking people is:
   UNFAVOURABLE ___1:___2:___3:___4:___5:___6:___7 FAVOURABLE

3. My interest in foreign languages is:
   VERY LOW ___1:___2:___3:___4:___5:___6:___7 VERY HIGH

4. My desire to learn English is:
   WEAK ___1:___2:___3:___4:___5:___6:___7 STRONG

5. My attitude toward learning English is:
   UNFAVOURABLE ___1:___2:___3:___4:___5:___6:___7 FAVOURABLE

6. My attitude toward my English teacher is:
   UNFAVOURABLE ___1:___2:___3:___4:___5:___6:___7 FAVOURABLE

7. My motivation to learn English for practical purposes (e.g., to get a good job) is:
   WEAK ___1:___2:___3:___4:___5:___6:___7 STRONG

8. I worry about speaking English outside of class:
   VERY LITTLE ___1:___2:___3:___4:___5:___6:___7 VERY MUCH

9. My attitude toward my English course is:
   UNFAVOURABLE ___1:___2:___3:___4:___5:___6:___7 FAVOURABLE

10. I worry about speaking in my English class:
    VERY LITTLE ___1:___2:___3:___4:___5:___6:___7 VERY MUCH

11. My motivation to learn English is:
    VERY LOW ___1:___2:___3:___4:___5:___6:___7 VERY HIGH

12. My parents encourage me to learn English:
    VERY LITTLE ___1:___2:___3:___4:___5:___6:___7 VERY MUCH