

What if I choose not to participate?

Whether you choose to participate in the study and attend the Nutrition Clinic or not will in no way affect the care your baby receives in hospital or the availability of breastfeeding community resources available to you.

Is my participation voluntary?

Participation in this study and attendance at the Nutrition Clinic is voluntary. You may refuse to participate, refuse to answer any questions or withdraw from the study at any time.

This will not affect your baby's care.

You can simply contact the principal investigator, Dr. Orlando da Silva at 519-646-6000 x 65925 if you wish to withdraw your participation.

Is my information confidential?

All information collected for the study will be kept confidential and privacy will be protected, as required by law.

If the results of the study are published your/your baby's name will not be used and no information that discloses your/your baby's identity will be released or published.

Any records containing information from breastfeeding, or breastfeeding supplementation feeding will be kept under lock in the office of Dr. Orlando da Silva. Only the staff involved in the research study will have access to this information.

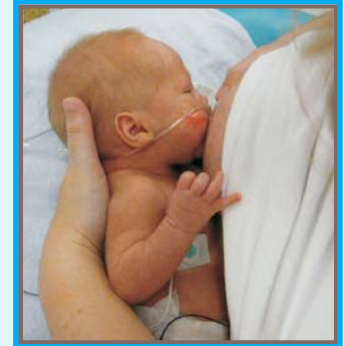
Your records and study data may be reviewed by the University of Western Ontario Research Ethics Board in order to monitor the research.

You may contact the principal investigator, Dr. Orlando da Silva at 519-646-6000 x 65925 if you have any questions about this study.

If you have questions about the conduct of this study or your rights as a research subject you may contact Dr. David Hill, Scientific Director, Lawson Health Research Institute at 519-667-6649.

Are there any risks if I choose to participate?

There are no known risks to participating in this study.



Post Discharge Infant Nutrition Clinic



Join us on the web at:

<http://publish.uwo.ca/~odasilva>

Welcome to the Post Discharge Infant Nutrition Clinic

The Nutrition Clinic is a research study being conducted by Dr. Orlando da Silva and Dr. Doris Yuen. Dr. da Silva and Dr. Yuen are Neonatologists in the Neonatal Intensive Care Unit at St. Joseph's Health Care, London.

The care team also includes Michelle Carr, a lactation consultant, Michelle Angelini, a lactation consultant and Cindy Ulrich, a registered dietitian.

The Nutrition Clinic is funded through a research grant from the Academic Medical Organization of Southwestern Ontario (AMOSO).

As you may know, the World Health Organization and the Canadian Pediatric Society recommend mother's milk as the first choice of nutrition for infants.

The objective of the Nutrition Clinic is to provide support for the special nutrition needs of preterm infants.

To be eligible to participate you must currently reside in London-Middlesex County and your baby was born at <35 weeks gestation.

When/where is the Nutrition Clinic?

- Thursday afternoons
- Room B3-064
- 12 - 4pm
- St. Joseph's Health Care

Who will be a part of my care team?

- Neonatologist
- Lactation Consultant and
- Registered Dietitian

who are specialized in caring for preterm infants.

How can I make an appointment?

Ask your bedside nurse to speak to Dr. Orlando da Silva, Dr. Doris Yuen, Michelle Carr, Michelle Angelini, or Cindy Ulrich.

Alternatively, you can call 519-646-6000 x 65112 to make a self-referral to the Post Discharge Infant Nutrition Clinic.

What does my participation involve?

If you agree to participate in the Nutrition Clinic, you will be asked to attend shortly after your discharge from hospital. Your appointments will continue at the discretion of the care team for up to 6 months.

We will collect data on your baby's weight, length, head circumference and type of feeding he/she is receiving at each visit.

You will have the opportunity to address any concerns or problems you and your baby may be experiencing with feeding and nutrition, such as, breastfeeding or breastmilk pumping/supplementation at each visit.

What do I bring to my visit?

Please bring both the mother's and the child's current OHIP card.

Our care team will observe your infant feeding, address your questions and offer suggestions. Please bring any equipment you require to feed your baby.

If you are pumping, please bring your pumping kit with you.