

Amalgam Restoration

Post-Operative Instructions

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- Take caution not to bite or chew on your cheeks, lips, and tongue for they may be numb for several hours following your appointment.
 - Do not eat anything hard or sticky directly on the new filling for the first 24 hours. It takes time for your filling to set up. If possible, chew only on the opposite side of your mouth.
 - Filling can be sensitive to hot and cold liquids and other foods for several weeks, up to 6 weeks.
 - It is normal for your gums to possibly be sore and bleed for a few hours following the appointment. To ease discomfort rinse with warm salt water (teaspoon of salt in warm water, swish & spit).
 - After the procedure, take Aspirin[®], acetaminophen (Tylenol[®]), or ibuprofen (Advil[®]) on an as-needed basis. Confirm with your family doctor if you have any medical conditions that preclude certain analgesics.
 - Call the office if your bite does not feel normal once the anesthetic wears off. We can simply adjust your bite without getting you numb again.
 - Call the office if you have pain in the tooth/teeth that wakes you up at night.
 - Call the office if your cheeks/face become swollen.
 - If you have any questions or concerns, please contact us at www.publish.uwo.ca/~kzhou54 or call 519-661-3326 Ext. 89380
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