

Crown and Bridge Procedure

Post-Operative Instructions

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- Crowns and bridges usually take two or three appointments to complete. On the first appointment the teeth are prepared. Temporary crowns or bridges are placed to protect the teeth while the custom restoration is being made. After each appointment when anesthetic has been used, your lips, teeth, and tongue may be numb for several hours after the appointment. Avoid any chewing until the numbness has completely worn off.
 - On rare occasions temporary crowns/bridges can break or come off. This is an urgent issue. Please contact us if this happens, and keep the temporary so we can re-cement it. It is very important for the proper fit of your final restoration that temporary crowns/bridges stay in place.
 - It is normal to experience some hot, cold, and pressure sensitivity after each appointment. Your gums may be sore for several days. Rinse three times a day with warm salt water (teaspoon of salt in a cup of warm water, rinse swish and spit) to reduce pain and swelling.
 - After the procedure, take Aspirin[®], acetaminophen (Tylenol[®]), or ibuprofen (Advil[®]) on an as-needed basis. Confirm with your family doctor if you have any medical conditions that preclude certain analgesics.
 - To help keep your temporary in place, avoid eating sticky foods (especially gum), hard foods, and if possible, chew only on the opposite side of your mouth. It's important to continue to brush normally, but floss very carefully and remove the floss from the side to avoid removal of the temporary crown/bridge.
 - If your bite feels uneven, if you have persistent pain, or you have any other questions or concerns, please call our office.
 - Call the office if you have pain in the tooth/teeth that wakes you up at night.
 - Call the office if your cheeks/face become swollen.
 - If you have any questions or concerns, please contact us at www.publish.uwo.ca/~kzhou54 or call 519-661-3326 Ext. 89380
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