# Using repetition effects to study the building blocks of motor sequence learning



## Introduction

How are movement sequences controlled and learned?

- When sequences are repeated, they are executed faster the second time
- Repetition effects occur both in reaction and execution, even if ample time for preparation (Ariani et al. 2020).
- We usually plan only ~3 items ahead (Ariani et al. 2021)
- For longer sequences, we need extra time for online planning
- Repetition effects appear to act on preplanning and online planning of sequences (Ariani et al. 2020).
- Repetition effects can potentially reveal the structure of the processes underlying sequence execution and learning.

## Methods



## **Experiment 1**

- Vary the length of sequence from 1-5
- At go-cue, the sequence was masked to ensure that participants preplan as much as possible.
- Which repetition effects are due to repeating the first response, and which ones are from the sequence?





- Reaction time increases linearly in sequence length
- Repetition effect also increases linearly with sequence length.

-> Repetition facilitates the state of readiness of the entire sequence plan.

- Inter-press-intervals (IPI) are larger for a longer sequence
- IPIs are larger for the middle items of the sequence

-> Evidence for online planning

 Repetition benefit is larger in the middle of the sequence

-> Repetition makes online planning faster (Ariani et al. 2020).

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### Discussion

- Reaction time + repetition effects increase as a function of sequence length -> Initiation depends on complexity of preparatory state of the future items • Repetition benefits online planning equally, whether it occurs at the beginning, middle, or end of
- the sequence
- -> Primed trajectories in planning space can be used flexibly.
- How long do repeated segments have to be to give a benefit?
- -> It seems that ~4 items are needed to show full repetition benefit





Movement Sequences. eNeuro, 8(2).





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## **Repetitions of doubles**

- No significant benefit for repetitions of isolated transition
- However, IPIs *before* repeated transitions were significantly faster
- -> Faster online planning for the two repeated items together?

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